

De Cymru Group of Endurance GB

**RUDRY PINK BUTTERFLY 'RIDE FOR LIFE'
1ST JUNE 2014**



Rider No

VENUE : New House Farm, Gwaun y Bara, Rudry, CF83 3DG

DIRECTIONS: See Page 3

On Arrival so please follow the instructions of the Car Parking Stewards.

You may start the ride at any time between 10.30am and 12.30pm.

Please make sure you register with the time keepers at the start and at the finish of your ride.

If you have any queries regarding these instructions please do not hesitate to ask any of the ride officials. We will try to help. Alternatively you may call the ride organiser before the ride.

THE ROUTE : The route will be marked with orange tape and orange spray paint.

14km Venue - CP1 CP2 - Finish (Green/Red route)

24km Venue - CP1- CP2 –CP3 – Finish (Green/Red/Purple Route)

The route is a comprehensive one with some good canter stretches. Some road work to take you from one forestry area to another. Please take extra care on downhill sections of the road work which have been known to be slippery.

The road on the purple route which takes you towards Ruperra Castle and Coed Craig Ruperra is a privately owned road for which we have had permission to use. Please walk or trot along this road and take care to walk past houses and stables.

NB On the 1st June there will be volunteers in the area of Coed Craig Ruperra which is owned by Ruperra Conservation Trust. Please be aware of the possibility of people working on or near the paths you may be riding on and do not go any faster than a steady canter along any of the paths.

PLEASE NOTE

Please do not ride on any verges near residential properties.

Marker vandals operate in this area! **Please carry and use your map.**

If there is a problem with markers on the day it is because they have been moved!

We have tried to mark the route as carefully as possible.

Please ride with care and consideration towards other forestry users and help us maintain our good relationship and reputation with the Conservation Trust and Forestry Commission.

Please exercise due care and attention to other riders by being courteous to others. e.g. please ask if you may pass them. Please do not ride fast past others or away from them. Some riders bring their novice horses and there are also some novice riders so following some simple rules ensures everyone's enjoyment.

- Please Do Not enter forestry land with crew vehicles.
- **Smoking is prohibited.**
- Dogs must be kept on leads.
- You are riding in the forest so beware of low branches and tree roots

HATS: Must be worn at all times when mounted and must be of the current standard BSEN1384 PAS 015 and be properly secured.

Please note the following

- a) "this ride is run under Endurance GB rules"
- b) The organiser of this ride has taken reasonable precautions to ensure the health and safety of everyone present. For those measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organiser and all officials and stewards
- c) "Save for death or personal injury caused by the negligence of the Organisers or anyone for whom they are in law responsible, neither the Organisers of any event to which these rules apply, nor the Endurance GB, nor any agent, employee or representative of these bodies accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, land or any property whatsoever whether caused by their negligence, breach of contract or any other way whatsoever"

**Emergency phone number for the day please make a note of this from the noticeboard and carry it with you during the ride.
07563 693 723**

ENJOY YOUR RIDE!!

Directions to Venue

These instructions will avoid traffic going through the village of Rudry and some narrow twisty lanes.

IF USING A SAT NAV COMING FROM JUNCTION 28, PLEASE DO NOT TURN TOWARDS DRAETHEN. WHEN SAT NAV TELLS YOU TO TURN OFF LEFT, IGNORE IT. CONTINUE STRAIGHT ON UNTIL YOU COME TO A ROUNDABOUT. TAKE 1ST EXIT THEN 1ST LEFT SIGN POSTED RUDRY. WE ARE JUST IN THE LANE ON LEFT (we are approx 8 miles from junction 28).

From M4 (Westbound)

Take J28 turning onto A467 dual carriage way signposted to Brynmawr.
At roundabout take 2nd exit A468 signposted to Caerphilly.
At next roundabout (see Tredegar Arms pub directly in front of you) take 1st exit.
Follow this road for approx 9 miles until you come to a roundabout just after ELWa building. (Please do not turn prior to reaching the roundabout as this will take you through a small village and narrow lanes)
At roundabout take 1st exit.
Take the 1st left again toward Rudry.
Gwaun y Bara is on your left about 1 mile down the road.

From M4 (Eastbound)

Take J32 and turn onto A470 dual carriageway signposted to Merthyr Tydfil.
Take the exit signposted to Caerphilly and turn right onto A469.
Take 2nd exit at the next 2 roundabouts.
At the 3rd roundabout take the 4th exit signposted to Newport (A468).
Go straight over the next 2 roundabouts.
Turn Left towards Rudry.
Take the 1st left again toward Rudry.
Gwaun y Bara is on your left about 1 mile down the road.

From A470 Merthyr Tydfil

At the Abercynon roundabout turn left towards Nelson onto A472.
Follow this road for approx 6 miles until you reach Ystrad Mynach.
Turn right onto A469 dual carriage way signposted Caerphilly.
At the end of the dual carriage way turn left on A468 signposted to Newport.
Go straight over the next 2 roundabouts.
Turn Left towards Rudry.
Gwaun y Bara is on your left about 1 mile down the road.